reSTART is for:
- RNs who have been out of the acute care setting for more than 3 years, but less than 5 years
- RNs who have never worked in the acute care setting

To Apply
mission-health.org/nurses
Keywords: reSTART your career

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Our BIG(GER) Aim
To get every person to their desired outcome, first without harm, also without waste and always with an exceptional experience for each person, family and team member

reSTART Program
reSTART Your Nursing Career at Mission Health

509 Biltmore Ave. | Asheville, NC 28801
reSTART Your Nursing Career at Mission Health

The reSTART program provides professional development and mentorship to support your transition into the acute care setting. You may feel a degree of uncertainty about returning to acute care, but being paired with an experienced bedside nurse and a cohort, we help you make a smooth, successful transition.

We provide you with the support you need to make this transition and to become a strong part of the Mission Health interdisciplinary nursing team. Graduates of this program emerge as competent, confident, well-rounded nurses.

Program Details

The reSTART program is a paid 10-week program with three phases.

Phase 1 | Interview
• Potential participants would be identified prior to interviewing
• Interviewee would be required to shadow an RN on the hiring unit after the official interview

Phase 2 | Transition
• Weeks 1-4
  • Weeks 1 and 2: Four 8-hour work shifts, one 4-hour professional development class
  • Weeks 3 and 4: Three 10-hour work shifts; one 6-hour skills class

Phase 3
• Weeks 5-10
  • 12-hour work shifts with RN shadowing; regular classes as applicable

What to expect

• Acute Care Skills classes (after 2 weeks on unit, 6-hour skills day on weeks 3 and 4)
  • Skills: IV pump
  • Bridge
  • Cerner
  • Specimen collection
  • Red Rule
  • Protocols and boluses
  • NSI
  • Disease specific
  • Holistic Nursing

• Focused days on the floor
  • Care plans
  • Case studies
  • Journaling
  • Medication review: expected vs. unexpected
  • Part of care plans and diagnosis education
  • Guided care plans
  • MDR participation
  • Participate on applicable units in Multidisciplinary Rounds during first 2 weeks
  • Use a tool to collect common information/plan of care for different diagnoses