

American Red Cross Resuscitation Suite Frequently Asked Questions:

- Q. What is the American Red Cross Resuscitation Suite (ARC)?
- A. The American Red Cross Resuscitation Suite is an internationally recognized resuscitation blended learning program available to HCA Healthcare colleagues via HealthStream.
- Q. What does the ARC Resuscitation Suite Consist of?
- A. The ARC Resuscitation Suite consists of an assigned screen-based resuscitation course in one of three disciplines – Basic Life Support, Advanced Life Support and Pediatric Life Support (BLS, ALS, PALS). Each discipline requires the completion of online didactic, team response scenarios and knowledge testing.
- Q. Who is eligible to utilize the ARC Resuscitation Suite?
- A. Currently all HCA Healthcare colleagues within the NC Division are able to request the ARC Resuscitation Suite by speaking with their Manager, Director or Facility Educator.
- Q. What if I currently hold an American Heart Association provider card for Basic Life Support, Advanced Cardiac Life Support or Pediatric Life Support? Will I have to convert to the ARC?
- A. American Heart Association resuscitation credentials will continue to be recognized as an accepted resuscitation credential for clinical staff. HealthStream or Clinical Education will no longer support the blended learning courses from American Heart Association (Heartcode BLS/ACLS/PALS) after March 30th, 2021.
- Q. What if I currently have an American Heart Association Instructor card for Basic Life Support, Advanced Cardiac Life Support or Pediatric Life Support, do I need to convert to American Red Cross?
- A. No. Both ARC and AHA will be recognized as appropriate sources for providing certification in life saver courses.

Q. Will I need to buy new ARC resuscitation manuals as an instructor?

A. No. Provider manuals will be available through the ARC Resuscitation Suite located inside the assignment in digital form. They will be available for use through the length of your valid credential period.

Q. What do I do after I complete the online portion of the ARC Resuscitation Suite?

A. Contact your local education colleague to find the nearest ARC Resuscitation Suite manikin/iPad station. The learner will be required to successfully perform tasks associated with the discipline in which enrolled.

Q. What types of equipment will I be using during my manikin based psychomotor skills testing?

A. Each ARC discipline (ALS, BLS and PALS) is compatible with one adult and one infant Brayden[®] manikin. Although child manikins are available in some instances for PALS, it is not a necessity to complete the PALS psychomotor testing with a child manikin. Please contact your local education colleague for more information.

Q. What if I want to become a new ARC instructor?

A. The Division Director of Clinical Education Programs will evaluate all ARC instructor candidates prior to selection. Please contact your facility clinical education staff for more information.

Q. What if my facility/division has an American Heart Association Training Center or Training Site?

A. A determination will be made regarding the continuation of the AHA Community Training Center to support community agencies. Internally, only ARC will be provided as of March 31, 2021.

Q. Where is the manikin check-off station located?

A. Each acute care facility will have a designated location for the manikin station. Please note that there may be more than one location/station based on the size of the facility. Contact your local education colleague to find out more.

- Q. What if I am having a difficult time completing the psychomotor component to the ARC Resuscitation Suite?
- A. Contact your local clinical education colleague to find out when live check off times are available in your facility/market.
- Q. Does an ARC instructor need to be present in order to complete the hands-on manikin component of the ARC Resuscitation Suite?
- A. No. The ARC Resuscitation Suite is designed to be an instructor-less system. Coaching and support are permissible by colleagues as long as the learner completes the psychomotor testing under their own power.
- Q. What if I am unsuccessful with any part of the ARC Resuscitation Suite?
- A. Please reach out to your facility or specialty educator for help with completing any portion of the ARC Resuscitation Suite. Most often, coaching with best practice will lead to success.
- Q. Will any existing AHA Heartcode coursework be available after the transition to the ARC Resuscitation Suite?
- A. No. A full transition to ARC from AHA will occur on 3/31/2021.
- Q. Will the new ARC Resuscitation Suite be utilized by physicians, medical residents, physician assistants and advanced practice nurses?
- A. Yes, all individuals that complete life saver courses within the NC Division will utilize the ARC Resuscitation Suite effective March 31, 2021.