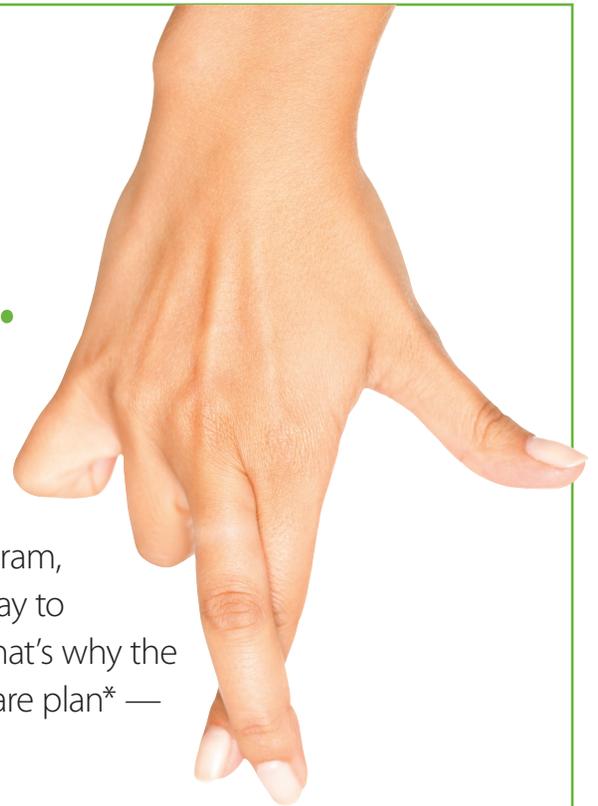


# The best protection? Early detection.



Many people put off routine tests and hope for the best, but are you willing to risk something as important as your health? Preventive screening tests, such as a mammogram, colonoscopy, prostate screening, or Pap test, are the best way to find cancer in its earliest stages, when it is most treatable. That's why the costs for these procedures are covered under your health care plan\* — we're betting on your health.

**Your employer and MedCost Benefit Services want you to remain as healthy as possible, but we know you may have reasons for putting off having a preventive screening test. Do any of these sound familiar?**

### **Cancer won't happen to me.**

We hope you're right, but millions of other people have thought the same thing — and they were wrong. In the United States, there are an estimated 14.5 million people with some form of cancer.

### **I can't afford it.**

It may be more affordable than you think. Under the regulations of the Affordable Care Act, most employers cover 100% of the cost for preventive screenings like mammograms, colonoscopies, prostate exams/tests, and Pap tests, as long as you go to a doctor within your network.\*

### **I don't need a test because I'm not having any problems.**

Some types of cancer can be present for several years before physical symptoms develop. Cancer screenings like those mentioned above are used to detect problems before they start bothering you, and sometimes even can help prevent disease.

### **It might be uncomfortable.**

Well, yes, it could be a little uncomfortable, but only for a short while, if at all. Isn't a little discomfort a small price to pay for your peace of mind?

**Call today to schedule the tests your health care provider recommends. It's one of the most important things you can do to protect yourself from illness.**

\*Please consult your Summary Plan Description for complete coverage details.

Source: Cancer Treatment & Survivorship Facts & Figures 2014-2015  
[www.cancer.org/Cancer/CancerBasics/cancer-prevalence](http://www.cancer.org/Cancer/CancerBasics/cancer-prevalence)

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